



Certificate of Training

Rosalia E Aiello

Earned 1 contact hour
MALA Annual Conference & Dementia Summit (Virtual):

The Magic of Hope

on: October 1, 2020

Presenter: Anthony Grupido, Founder of Magic of Hope

Course Description: In this powerful presentation, Anthony Grupido is wrapped in a straitjacket and 40-foot chain. As he escapes, Anthony shares his story about overcoming depression and being a Suicide Attempt Survivor. He talks about the negative coping skills he employed including drugs, alcohol and self-harm. He will introduce health coping strategies everyone can employ. Anthony's story includes the world of social media and cyberbullying and their impact on mental health and self-worth.

This presentation is emotionally charged. Anthony will have our jaw dropping at his magic, your side splitting at his humor while he shares an honest and open conversation about coping with stress, mental health and overall well-being.

- *This course is approved by the Michigan Social Work Continuing Education Collaborative. Course approval #: 040720-00*
- *This continuing nursing education activity was approved by the Ohio Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) ONA # 2020-0000000167*
- *This continuing education activity was approved by the Michigan Board of Nursing Home Administrators. Approval # 489200035*