



# *Certificate of Training*

Rosalia E Aiello

Earned 1 contact hour  
MALA Annual Conference & Dementia Summit (Virtual):

## **Taking Care of Yourself While Taking Care of Others**

on: September 30, 2020

Presenter: Tana Bridge, Ph.D., LMSW, CCFP, ACTP, Professor, Social Work, Eastern Michigan University

Course Description: It is understood that vicarious trauma is an occupational hazard that often leads to lack of job satisfaction, job productivity, and negative outcomes for both workers and agencies. Mental Health Professionals are at increased risk for vicarious trauma and yet the impact of exposures is often not recognized. In this session, participants will gain understanding of the symptoms and impacts of vicarious trauma. Further participants will learn critical skills in prevention and selfcare.

- This course is approved by the Michigan Social Work Continuing Education Collaborative. Course approval #: 040720-00
- This continuing nursing education activity was approved by the Ohio Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) ONA # 2020-0000000167
- This continuing education activity was approved by the Michigan Board of Nursing Home Administrators. Approval # 489200035